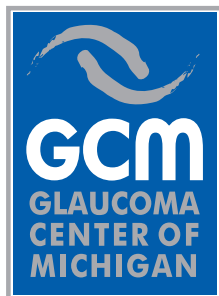


**A Patient's Guide to:**

**Glaucoma &  
Cataract  
Consultation**



*Our Specialists have over 80 cumulative years of experience providing the highest quality of care for complex glaucoma and cataract problems.*



## Welcome . . .

You have been referred for a glaucoma or cataract consultation because you may have a problem with your eyes that requires special knowledge, testing and treatment. This brochure answers questions about Glaucoma Center of Michigan and what you can expect during your visit. If you have additional questions, please call us at (248) 356-0098.

The Glaucoma Center of Michigan (GCM) is the first and only facility in Michigan dedicated exclusively to the evaluation and treatment of glaucoma and cataracts. We have over 80 cumulative years of experience in providing the highest quality of care for complex glaucoma and cataract problems.

## How long should your consultation last?

The average consultation requires 2 to 3 hours. If special testing or scheduling of surgery is required, you can expect to spend an additional hour at our facility. We make every effort to follow closely to our patients' scheduled times. Therefore, we ask that you arrive by your scheduled appointment time, and call us if you will be unusually delayed.

## **What if you need to reschedule your appointment?**

For the convenience of our other patients, we would appreciate 24-hours notice of your cancellation. We generally can reschedule your appointment within a few days.

## **What can you expect during your visit?**

You will first be asked to complete several forms providing us basic information about you, your eyes, any medical problems, and your insurance coverage. In addition to the name of the eye doctor who referred you to us, we would like the name, address and phone number of your family or general medical doctor. Our staff will assist you in completing the forms if necessary.

When your registration has been completed, you will be directed from our reception area to our examination area. One of our ophthalmic technicians will review the reason for your consultation and take some preliminary measurements of your eyes and your eyesight. Then you will see the doctor, who will evaluate your

eyes. Following that, you will have a visual field test which checks your peripheral vision. The technicians may instill eye drops to dilate your pupils. Dilation of the pupils is usually necessary in order to completely examine your eyes. It takes about 20 to 30 minutes for your pupils to fully dilate after the drops have been given.

When your pupils are fully dilated, you will again be examined by the doctor. Do not hesitate to ask questions about your eye condition or its treatment. Depending upon the nature of your problem, additional tests will be performed the same day as your consultation. A complete report of your consultation and any test results are sent to both your eye doctor and general medical doctor.

## Will you be able to drive after your eyes are dilated?

Dilating your pupils with eye drops does cause temporary blurring of vision and increased light sensitivity. You may be more comfortable having someone accompany you to the office so that he or she can drive you home. The major effect of the eye drops generally wears off after 3 to 4 hours. We suggest you bring sunglasses.

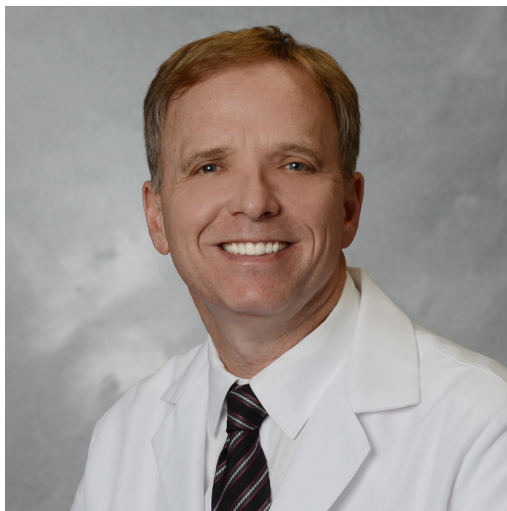
## What types of insurance are accepted?

We participate in most medical plans, including Blue Cross Blue Shield and Medicare. Our patient account representatives will process the appropriate insurance forms for you. If you have an HMO insurance, it is your responsibility to bring the necessary authorization form from your PCP's (Primary Care Physician) office to your appointment.

## What should you bring with you for your visit?

- Your eyeglasses.
- A list of medications that you take (including eye drops).
- The name and address of your referring eye doctor.
- The name, address and phone number of your general medical or family doctor.
- Information on your insurance coverage or HMO/PPO referral forms.
- Someone to drive you home after your appointment.
- Remember, your appointment will last 2 to 3 hours.

## LES I. SIEGEL, M.D., F.A.C.S.



Les I. Siegel, M.D., founder of the Glaucoma Center of Michigan, is an ophthalmologist specializing in the consultation and treatment of glaucoma and cataracts.

Born in Detroit, Dr. Siegel attended Michigan State University where he graduated with High Honors while receiving his Bachelor of Science in Physiology. He then attended the Wayne State University School of Medicine where he received his M.D. with Honors.

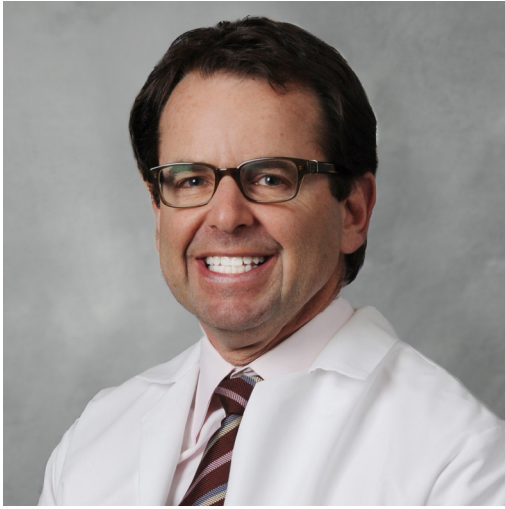
He completed his internship at William Beaumont Hospital in Royal Oak, his ophthalmology residency at the Kresge Eye Institute of Wayne State University where he served as Chief Resident and his glaucoma fellowship at the Washington University School of Medicine and Barnes Hospital in St. Louis, Missouri.

Dr. Siegel is on the medical staff at William Beaumont Hospital in Royal Oak, Eye Surgery Center of Michigan affiliated with St. John Hospital, Detroit Medical Center (DMC). He is on the teaching faculty at those medical centers as well as an Assistant Clinical Professor of Ophthalmology at Wayne State University, Michigan State University and at Oakland University William Beaumont School of Medicine.

Board Certified by the American Board of Ophthalmology, Dr. Siegel has a professional affiliation with the American Academy of Ophthalmology, American Glaucoma Society, the Association for Research in Vision, Michigan Ophthalmology Society, the American Medical Association, and both the Michigan State and Oakland County Medical Societies. In addition, he is a Fellow of the American College of Surgeons (F.A.C.S.).

Dr. Siegel has made numerous presentations and written various publications on the diagnosis, treatment and surgical procedures pertaining to glaucoma and cataract related subjects. He has a particular interest in combined cataract surgery with glaucoma laser procedures (ECP) as well as incorporating the newest lens implant technology for his patients.

## MARC J. SIEGEL, M.D., F.A.C.S.



Marc J. Siegel, M.D. is an ophthalmologist who specializes in medical treatment of glaucoma and cataracts.

A native Detroiter, Dr. Siegel received both his Bachelor of Science and M.D. from the University of Michigan with High Honors.

He completed a general surgery internship in Boston at Tufts New England Medical Center. He served his residency in ophthalmology at Mt. Sinai Medical Center in New York. Dr. Siegel then served as Chief Resident and completed his glaucoma fellowship training at Mt. Sinai as well. He received the Heed Foundation and Fight for Sight Fellowship Awards in Glaucoma.

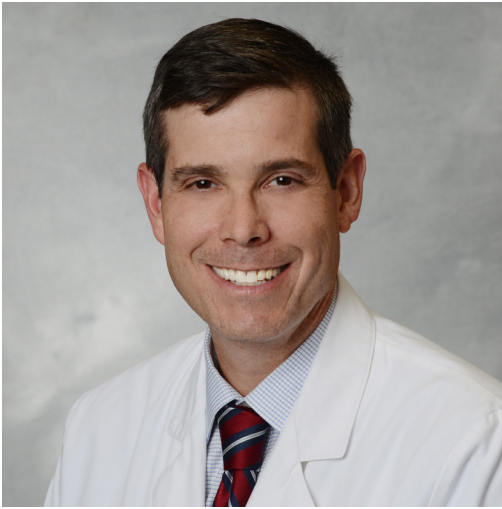
Currently, Dr. Siegel holds privileges at William Beaumont Hospital in Royal Oak, Eye Surgery Center of Michigan affiliated with St. John Hospital and Detroit Medical Center (DMC). He is also an Assistant Clinical Professor of Ophthalmology at Wayne State University, Michigan State University and the Oakland University William Beaumont School of Medicine.

Board Certified by the American Board of Ophthalmology, he includes the American Academy of Ophthalmology, the Association for Research in Vision, the Michigan Ophthalmology Society, the American Medical Association and both the Michigan State and Oakland County Medical Societies on his growing list of professional affiliations. In addition, he is a Fellow of the American College of Surgeons (F.A.C.S.).

Dr. Marc Siegel has had multiple scientific publications and presentations on topics relating to glaucoma diagnosis and management. He has a particular interest in complex glaucoma and cataract surgical problems as well as new, innovative astigmatic and accommodating implants for cataract surgery. He also has extensive glaucoma surgical experience with trabeculectomy, express shunts and Baerveldt implants.



## MATTHEW E. CITRON, D.O., F.A.C.S.



Dr. Matthew E. Citron, is an ophthalmologist who specializes in the consultation and treatment of glaucoma and cataracts.

A long time Detroit area resident, Dr. Citron received a B.A. in History at University of Michigan. He then achieved his Doctor of Osteopathic Medicine degree from Michigan State University with the honor of most outstanding surgical extern. Dr. Citron completed his internship in internal medicine through Michigan State University while serving at Botsford Hospital.

Following that, he served as Co-Chief Resident in Ophthalmology through Michigan State University at the Detroit Osteopathic Ophthalmology Consortium in Detroit, Michigan. He then went on to serve as the Clinical Glaucoma Fellow at the Wayne State University's Kresge Eye Institute in Detroit, Michigan.

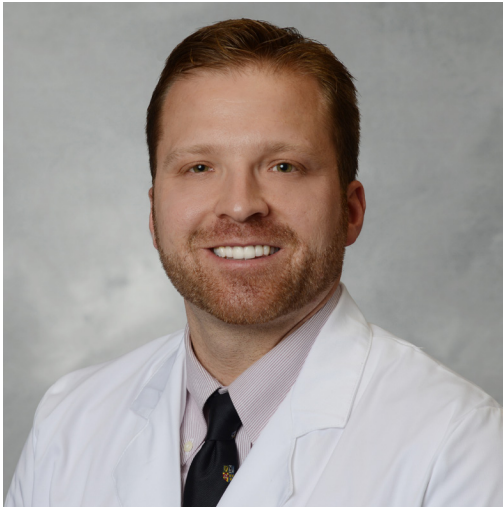
Dr. Citron is an Assistant Professor of Ophthalmology at Michigan State University, Oakland University William Beaumont School of Medicine and an instructor of Glaucoma at the Beaumont Eye Institute. Prior to joining Glaucoma Center of Michigan, he was at the Wayne State University's Kresge Eye Institute as an Assistant Professor of Ophthalmology and Local Residency Program Director at Sinai-Grace Hospital.

He is currently on staff at William Beaumont Hospital in Royal Oak, Eye Surgery Center of Michigan, St. John Hospital, the Detroit Medical Center (DMC), Botsford Hospital and Providence Hospital.

Board Certified by the American Osteopathic Board of Ophthalmology, he includes American Academy of Ophthalmology, American Glaucoma Society, American College of Osteopathic Ophthalmology, American College of Surgeons, American Society of Cataract & Refractive Surgery, American Osteopathic Association, American Medical Association and both Michigan State and Oakland County Medical Societies. In addition, he is a Fellow of the American College of Surgeons (F.A.C.S.).

Dr. Citron has an extensive list of presentations and published abstracts including advancements in the subspecialties of glaucoma and cataract surgical procedures.

## MICHAEL J. SIEGEL, M.D.



Michael J. Siegel, M.D. is an ophthalmologist specializing in the management and treatment of glaucoma and cataracts.

A native of the Detroit area, he attended Michigan State University's Honors College where he graduated cum laude with a Bachelor of Arts in History. Following a year of research at the Harvard Institute of Medicine in Boston, he received his M.D. from the Wayne State University School of Medicine in Detroit.

Dr. Siegel completed his internship at St. John Hospital & Medical Center in Detroit and his ophthalmology residency at the Kresge Eye Institute at Wayne State University, where he served as Chief Resident. Following his residency, Dr. Siegel completed his glaucoma fellowship at Mt. Sinai Hospital in New York.

Prior to joining the Glaucoma Center of Michigan, Dr. Siegel spent a post-fellowship year at Allegheny General Hospital in Pittsburgh. Under the guidance of Garry P. Condon, M.D., he focused on the surgical management of complicated anterior segment issues, cataracts and glaucoma.

Dr. Siegel is an Assistant Clinical Professor of Ophthalmology at both Wayne State University School of Medicine and Oakland University/William Beaumont School of Medicine. He is Co-Chief of the glaucoma service at Oakland University/William Beaumont School of Medicine Department of Ophthalmology and part of the teaching faculty of both the Kresge Eye Institute and the Beaumont Eye Institute, where he works weekly with the residents. He is on the medical staff of the Detroit Medical Center (DMC), William Beaumont Hospital, St. John Hospital and is a part of the Wayne State University Physicians Group. He also holds operative privileges through the Eye Surgery Center of Michigan.

Dr. Michael J. Siegel has written for peer-reviewed publications and made numerous presentations nationally. He has a special interest in resident education as well as in the complex surgical management of combined cataract and glaucoma issues. Board certified by the American Board of Ophthalmology, he is a member of the American Academy of Ophthalmology (AAO) and a member of the American Glaucoma Society (AGS). He also is a member of the Association for Vision Research (ARVO), American Medical Society, Michigan Society of Eye Physicians and Surgeons (MiSEPS) and Michigan State Medical Society (MSMS).



## Where is GCM located?

Glaucoma Center of Michigan now has three convenient offices. Our flagship Southfield office is located in the Comerica Building near the northwest corner of Telegraph Road and West Twelve Mile Road, just north of the Northwestern Highway/I-96 interchange. It is accessible from either Twelve Mile or Telegraph Road. Handicap ramps and ample parking are available. Inside, elevators take you to our third floor suite. After exiting the elevator, turn right and proceed directly into our office.

Our office to serve Eastside patients is located on the south side of Twelve Mile, just east of Little Mack and approximately 1/4 mile east of I-94 in the St. John Surgery Center complex. After entering through the West entrance doors, GCM is the first office on the right. Ample free parking is also available.

Our Dearborn location serves the Western Wayne and Downriver areas. It is in the 3rd large building (called Eastpointe) on Garrison which leads off of Outer Drive. It is just north of Michigan Avenue and approximately 1/2 mile east of Telegraph.

Handicap parking is directly across from the building entrance. There is ample parking in front (east) of the building and in the multi-level parking structure west of the building. Enter the building, and our office is conveniently located just to the right in Suite 102.



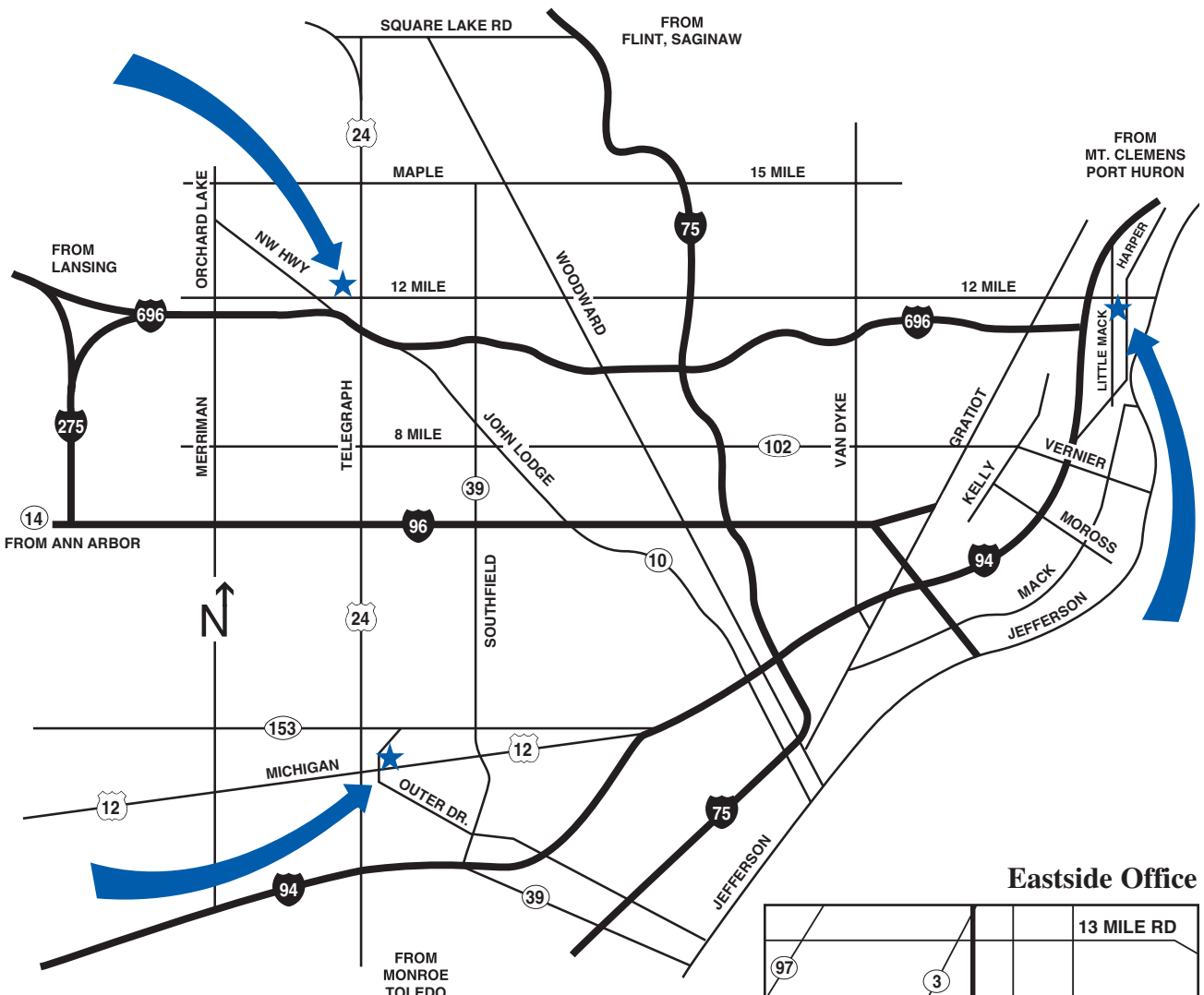
Southfield Office



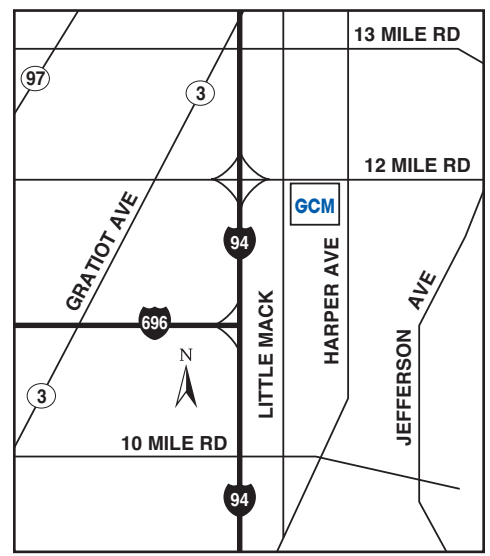
Eastside Office



Dearborn Office



**Eastside Office**





Patient Name:

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Referred by:

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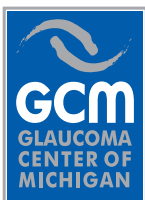
Your appointment is:

Date: \_\_\_\_\_

Day: \_\_\_\_\_ Time: \_\_\_\_\_

- Dr. Les Siegel       Dr. Matthew Citron  
 Dr. Marc Siegel     Dr. Michael Siegel

If unable to keep your appointment,  
please give us 24-hours notice.



WESTSIDE

Comerica Building  
29201 Telegraph Road, Suite 301  
Southfield, MI 48034  
(248) 356-0098

EASTSIDE

St. John Surgery Center  
21000 Twelve Mile, Suite 108  
St. Clair Shores, MI 48081  
(586) 445-1170

WESTERN WAYNE & DOWNRIVER

Eastpointe Building  
19853 W. Outer Drive, Suite 102  
Dearborn, MI 48124  
(313) 561-4070  
Fax: (248) 356-0424

[www.glaucomacenter.com](http://www.glaucomacenter.com)  
[appointments@glaucomacenter.com](mailto:appointments@glaucomacenter.com)  
[iop@glaucomacenter.com](mailto:iop@glaucomacenter.com)