

Welcome . . .

You have been referred for a glaucoma or cataract consultation because you may have a problem with your eyes that requires special knowledge, testing and treatment. This brochure answers questions about Glaucoma Center of Michigan and what you can expect during your visit. If you have additional questions, please call us at (248) 356-0098.

The Glaucoma Center of Michigan (GCM) takes great pride in providing the finest quality care for our patients with their problems with glaucoma and cataracts. Our **glaucoma fellowship trained** physicians have the most experience in providing the highest quality care for complex glaucoma and cataract problems in the state of Michigan.

How long should your consultation last?

The average consultation requires 2 to 3 hours. If special testing or scheduling of surgery is required, you can expect to spend an additional hour at our facility. We make every effort to follow closely to our patients' scheduled times. Therefore, we ask that you arrive by your scheduled appointment time, and call us if you will be unusually delayed.

What if you need to reschedule your appointment?

For the convenience of our other patients, we would appreciate 24-hours notice of your cancellation. We generally can reschedule your appointment within a few days.

What can you expect during your visit?

You will be asked to complete several forms (which can be downloaded from our website, or if time allows can be mailed to you) to provide us with basic information about you, your eyes, any medical problems, and your insurance coverage.

In addition to the name of the eye doctor who referred you to us, we would like the name, address and phone number of your family or general medical doctor. Our staff will assist you in completing the forms if necessary.

When your registration has been completed, you will be directed from our reception area to our examination area. One of our ophthalmic technicians will review the reason

for your consultation and take some preliminary measurements of your eyes and your eyesight. Then you will see the doctor, who will evaluate your eyes. Following that, you will have a visual field test which checks your peripheral vision. The technicians may instill eye drops to dilate your pupils. Dilation of the pupils is usually necessary in order to completely examine your eyes. It takes about 20 to 30 minutes for your pupils to fully dilate after the drops have been given.

When your pupils are fully dilated, you will again be examined by the doctor. Do not hesitate to ask questions about your eye condition or its treatment. Depending upon the nature of your problem, additional tests will be performed the same day as your consultation. A complete report of your consultation and any test results are sent to both your eye doctor and general medical doctor.

Will you be able to drive after your eyes are dilated?

Dilating your pupils with eye drops does cause temporary blurring of vision and increased light sensitivity. You may be more comfortable having someone accompany you to the office so that he or she can drive you home. The major effect of the eye drops generally wears off after 3 to 4 hours. We suggest you bring sunglasses.

What types of insurance are accepted?

We participate in most medical plans, including Blue Cross Blue Shield and Medicare. Our patient account representatives will process the appropriate insurance forms for you. If you have an HMO insurance, it is your responsibility to bring the necessary authorization form from your PCP's (Primary Care Physician) office to your appointment.

What should you bring with you for your visit?

- Your eyeglasses.
- A list of medications that you take (including eye drops).
- The name and address of your referring eye doctor.
- The name, address and phone number of your general medical or family doctor.
- Information on your insurance coverage or HMO/PPO referral forms.
- Someone to drive you home after your appointment.
- Remember, your appointment will last 2 to 3 hours.

LES I. SIEGEL, M.D., F.A.C.S.



Medical School –

Wayne State University, Detroit, MI

Ophthalmology Residency/Chief Resident –

Kresge Eye Institute,

Wayne State University, Detroit, MI

Glaucoma Fellowship –

Washington University, St. Louis, MO

Dr. Les Siegel attended Michigan State University for his undergraduate education. He graduated with a B.S. in physiology with high honors. He attended Wayne State University for medical school and graduated as a member of the Alpha Omega Alpha Honor Medical Society. Following his internship at William Beaumont Hospital, he completed his ophthalmology residency and was chief resident at Kresge Eye Institute. He then continued his education with his glaucoma fellowship at Washington University in St. Louis, Missouri.

In 1985 Dr. Siegel returned to Detroit and established the Glaucoma Center of Michigan. He is a Clinical Assistant Professor of Ophthalmology at Wayne State University, Michigan State University, and Oakland University William Beaumont School of Medicine. He has participated in educating residents in ophthalmology throughout his entire career. A Board certified Ophthalmologist; he holds surgical privileges at Eye Surgery Center of Michigan, Beaumont Hospital Royal Oak, and Ascension Health.

Throughout his career Dr. Siegel has been involved with clinical research, speaking and publishing regarding various glaucoma subjects. He belongs to multiple organizations including the American Glaucoma Society, American Academy of Ophthalmology, Michigan Society of Eye Physicians and Surgeons, Fellow of the American College of Surgeons (FACS) and the Alpha Omega Alpha Society.

His interest involve both complex glaucoma and cataract surgical procedures including traditional glaucoma surgery and minimally invasive glaucoma surgery (MIGS).

Dr. Siegel utilizes all types of laser treatments for both glaucoma and cataracts. Additionally this includes special intraocular lenses for astigmatism and extended range focus.

MATTHEW E. CITRON, D.O., F.A.C.S.



Medical School –

Michigan State University, East Lansing, MI

Ophthalmology Residency/Chief Resident –

Michigan State University, Detroit, MI

Glaucoma and Cataract Fellowship –

Kresge Eye Institute, Wayne State University,
Detroit, MI

Dr. Matthew Citron is an eye specialist and surgeon who treats glaucoma and cataract. He works hard to provide his patients respectful and outstanding care. He is a proud member of the Glaucoma Center of Michigan team of professionals.

Dr. Citron received an A.B. in History at the University of Michigan in Ann Arbor. He completed his medical degree from Michigan State University. He was honored as the Walter C. Mill outstanding senior surgical extern. He completed his internship in Internal Medicine through Michigan State University at Botsford General Hospital.

Following that, Dr. Citron served as Co-Chief Resident in Ophthalmology through Michigan State at the Detroit Osteopathic Ophthalmology Consortium. He was twice honored with the Patrick Murray Award for outstanding resident academic achievement. He then went on to serve as the Clinical Glaucoma and Cataract Fellow at Wayne State University's Kresge Eye Institute in Detroit.

Dr. Citron is an Assistant Professor of Ophthalmology at Michigan State University and Oakland University William Beaumont School of Medicine. He has served as a medical and surgical instructor of both cataract and glaucoma surgery and has dedicated thousands of hours to resident education, instruction and supervision. He has served as the Director of Glaucoma Services for the Michigan State Residency Program in Detroit. Prior to joining the Glaucoma Center of Michigan, he was an Assistant Professor of Ophthalmology at Kresge Eye Institute. He served as a member of the glaucoma faculty and the local Residency Program Director at Sinai-Grace hospital.

Dr. Citron is a Fellow of the American College of Surgeons and a Fellow of the American Osteopathic College of Ophthalmology Otolaryngology and Head and Neck Surgeons. He is board certified. He has received numerous awards for service including the Presidential Award from the American Osteopathic College of Ophthalmology. His professional memberships include the American Glaucoma Society, the American Academy of Ophthalmology, the American Osteopathic Association, Michigan Society of Eye Physicians and Surgeons and the American Medical Association.

Dr. Citron has an extensive group of presentations and papers dedicated to advancement of the subspecialties of glaucoma and cataract care.

MICHAEL J. SIEGEL, M.D., F.A.C.S.



Medical School –

Wayne State University, School of Medicine –
Detroit, MI

Ophthalmology Residency/Chief Resident –

Kresge Eye Institute at Detroit Medical Center,
Detroit, MI

Glaucoma Fellowship –

Mt. Sinai Medical Center, New York, NY

A native of the Detroit area, he attended Michigan State University's Honors College where he graduated cum laude with a Bachelor of Arts in History. Following a year of research at the Harvard Institute of Medicine in Boston, he received his M.D. from the Wayne State University School of Medicine in Detroit. Dr. Siegel completed his internship at St. John Hospital & Medical Center in Detroit and his ophthalmology residency at the Kresge Eye Institute at Wayne State University, where he served as Chief Resident. Following his residency, Dr. Siegel completed his glaucoma fellowship at Mt. Sinai Hospital in New York. Prior to joining the Glaucoma Center of Michigan, Dr. Siegel

spent a post-fellowship year at Allegheny General Hospital in Pittsburgh. Under the guidance of Garry P. Condon, M.D., he focused on the surgical management of complicated anterior segment issues, cataracts and glaucoma.

Dr. Siegel is an Assistant Professor of Ophthalmology at Oakland University/William Beaumont School of Medicine where he is co-chief of the glaucoma service in the Department of Ophthalmology where he teaches and lectures residents extensively. He is also an Assistant Clinical Professor of Ophthalmology and part of the teaching faculty at both Wayne State University School of Medicine and Michigan State University, School of Osteopathic Medicine. He is on the medical staff of the William Beaumont Hospital, Detroit Medical Center (DMC) and Ascension-St. John Hospital. He also holds operative privileges through the Eye Surgery Center of Michigan and Straith Hospital.

Dr. Siegel also serves as the young ophthalmology chair of the Michigan Society of Eye Physicians and Surgeons (MiSEPS). He has been published in numerous peer-reviewed journals and written multiple book chapters on both glaucoma and complex anterior segment surgery. He regularly lectures both locally and nationally and has a special interest in resident education as well as in the complex surgical management of combined cataract and glaucoma issues. Board certified by the American Board of Ophthalmology, he is a member of the American Academy of Ophthalmology (AAO) and a member of the American Glaucoma Society (AGS). He also is a member of the Association for Vision Research (ARVO), American Medical Society, Michigan Society of Eye Physicians and Surgeons (MiSEPS) and Michigan State Medical Society (MSMS).

FAISAL RIDHA AL-TIMIMI, M.D.



Medical School –

Northeast Ohio Medical University,
Rootstown, OH

Ophthalmology Residence/Chief Resident –

Howard University Hospital,
Washington, DC

Glaucoma & Cataract Fellowship –

Kresge Eye Institute, Detroit, MI

Dr. Faisal Ridha grew up in Cleveland, Ohio and graduated from the accelerated BS/MD program at Northeast Ohio Medical University. He then went on to perform his internship at St. Elizabeth Hospital in Youngstown, Ohio. From there, he went on to Ophthalmology residency at Howard University in Washington, D.C. where he served as Chief Resident. Following his residency, he completed his fellowship at Kresge Eye Institute in glaucoma and complex anterior segment pathology.

After fellowship, Dr. Ridha spent three years as full-time faculty at the Kresge Eye Institute and served as the medical director of the midtown campus. There, he trained dozens of residents and fellows in cataract surgery and glaucoma. He has a special interest in mentorship for medical students and residents, and continues to teach at several of the local residency programs in the Detroit area. Dr. Ridha is an Assistant Professor at Wayne State University, and is on the medical staff of Detroit Medical Center, Ascension-St. John Hospital, and the John Dingell Detroit VA Hospital.

Dr. Ridha is board certified by the American Board of Ophthalmology, and is a member of the American Academy of Ophthalmology (AAO) and American Glaucoma Society (AGS). He has numerous publications and presentations focusing on medical and surgical glaucoma management. His interests include laser and surgical treatments for glaucoma and cataracts, including the latest minimally invasive options in the field.

Where is GCM located?

Glaucoma Center of Michigan now has three convenient offices. Our flagship Southfield office is located in the 6-story Office Building near the northwest corner of Telegraph Road and West Twelve Mile Road, just north of the Northwestern Highway/I-96 interchange. It is accessible from either Twelve Mile or Telegraph Road. Handicap ramps and ample parking are available. Inside, elevators take you to our third floor suite. After exiting the elevator, turn right and proceed directly into our office.

Our office to serve Eastside patients is located on the south side of Twelve Mile, just east of Little Mack and approximately 1/4 mile east of I-94 in the Ascension-St. John complex. After entering through the West entrance doors, GCM is the first office on the right. Ample free parking is also available.

Our Dearborn location serves the Western Wayne and Downriver areas. It is in the 3rd large building (called Eastpointe) on Garrison which leads off of Outer Drive. It is just north of Michigan Avenue and approximately 1/2 mile east of Telegraph.

Handicap parking is directly across from the building entrance. There is ample parking in front (east) of the building and in the multi-level parking structure west of the building. Enter the building, and our office is conveniently located just to the right in Suite 102.



Southfield Office

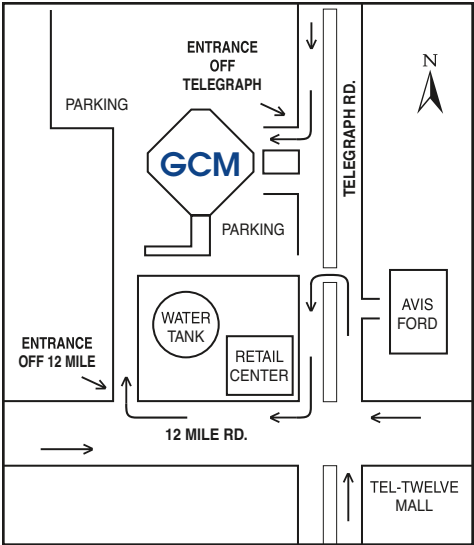


Eastside Office



Dearborn Office

Southfield Office



Dearborn Office

